

Professional Growth Plan

The Nova Scotia College of Nursing (NSCN) is the regulatory body for licensed practical nurses (LPNs), registered nurses (RNs), registered nurse authorized prescribers (RN-APs) and nurse practitioners (NPs) in Nova Scotia. Our mandate is to protect the public by promoting the provision of safe, competent, ethical and compassionate nursing services by our registrants.

The Continuing Competence Program (CCP) guides nurses to continuously improve their practice by providing a framework for nurses to set goals, make practice improvements and continue to deliver high quality care to Nova Scotians. For specific information on how to complete the Professional Growth Plan, see the [CCP Guide for Nurses](#).

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Nursing Designation:		LPN		RN		RN-AP	✓	NP

Opportunities for Growth and Learning Based on Self-Assessment

Opportunity	Action idea for learning
Virtual care	Explore accountabilities with caring for clients in a virtual environment

For the purposes of CCP, the client includes any individuals, families, groups or communities who are the recipient of nursing services. For nurses in non-clinical positions, such as education or management, the client is the recipient of your services. As an educator for example, your client may be a student, nurse or other care provider. As a manager, your client may be your team or individuals on your team.

Learning Goal #1

Your goal must be based on my learning needs and linked to a standard and indicator in the standards of practice

I want to learn about my responsibilities to provide care to clients virtually.

Related Standard & Indicator

Standard	Standard 1: Responsibility and Accountability
Indicator	1.1: Practice according to ethical, legal and professional standards, competencies and guidelines that reflect their increased level of responsibility, accountability and scope of practice.

Learning Activities to Meet Goal #1

Reminders:

- Ask yourself: what am I going to do to meet my goal?
- You must list two activities.
- The activities can be formal or informal (e.g. lunch and learn, self-directed study, eLearning, reading journals, peer support)

	Activity	Proposed Date completed by	Actual Date completed
#1	Review NSCN's Telenursing Practice Guideline .	March 15, 2024	March 15, 2024
#2	Read article on CNPS website about legal considerations related to virtual care practice called: Article called, "Twelve Things to Consider Before Joining a Virtual Care Practice".	March 30, 2024	April 5, 2024

Reflective Evaluation for Goal #1

After you complete your learning activities, self-reflect on:

- How has your learning impacted client outcomes as well as your nursing practice?

Virtual care practice will have a positive impact on client care outcomes; it will allow for continuity of care and maintenance of a therapeutic client-nurse relationship. Learning about provision of client care via Telenursing has increased my awareness and expectations about approaches to safe care, including my responsibilities about consent, documentation, etc.